



Daily Discipline Tracker

“LEADERSHIP IS BUILT DAILY, NOT IN A DAY”

Step 1: Define Your Leadership Habits

Pick **3–5 small daily habits** that will strengthen your leadership (examples provided).

- 📖 Read 10 minutes of a growth/leadership book
- 💬 Encourage 1 person today
- 🙏 Practice gratitude (list 3 things)
- 🕒 Be on time for commitments

Step 2: Track Your Progress

Use the table below to check off each habit daily. Small wins add up!

Weekly Habit Grid

Habit / Day	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Read 10 min	<input type="checkbox"/>						
Encourage someone	<input type="checkbox"/>						
Gratitude practice	<input type="checkbox"/>						
Be on time	<input type="checkbox"/>						

Step 3: Reflect & Celebrate

At the end of each week, ask yourself:

- What was my biggest win this week?
- Which habit was hardest to keep? Why?
- How did my small disciplines impact my confidence and leadership?

My Leadership Win of the Week: _____

Step 4: Repeat & Grow

Remember: ✔ **Consistency > Perfection.** Even 1–2 daily wins compound into growth.